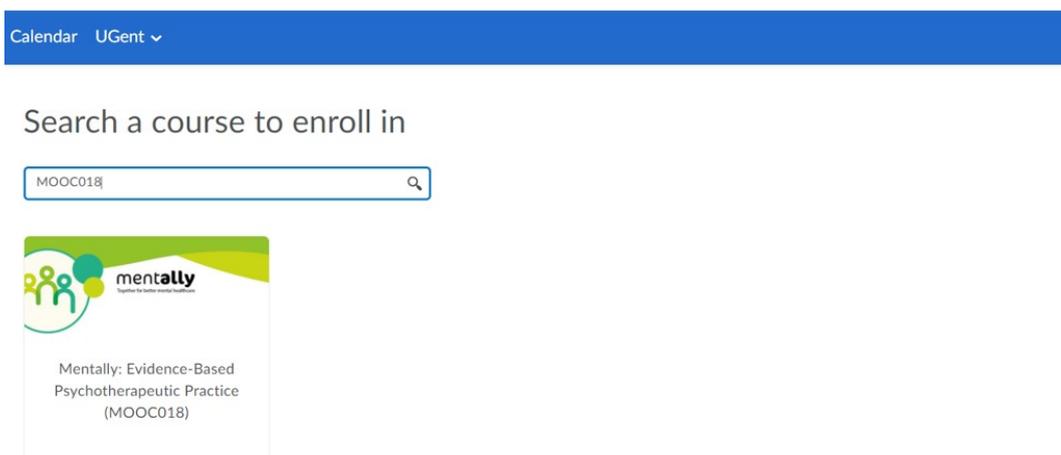


[Instruction manual Ufora – access to the MOOC](#)

1. You need to go to the Ufora homepage (<https://ufora.ugent.be>) and click on “Registration for non-UGhent users”



2. After creating an account, you need to check your mailbox and follow the instructions in the mail. Activate your account by using a safe password.
3. Go back to the Ufora homepage (<https://ufora.ugent.be>) and click on ‘Ufora login’ to log in. You will see the Welcome-page of Ufora.
4. Click on the right side “Enroll in Course”. In the search field, type "MOOC018" to find the Massive Open Online Course (see screenshot).



5. To start the Massive Open Online Course (MOOC), you first need to click on “Enroll” and then on “Open course”.
6. Click on “Content” (or “Inhoud” in Dutch) to start with the online course. Good luck!

The screenshot shows the course page for "Mently: Evidence-Based Psychotherapeutic Practice" on the University of Gent website. The page features a blue navigation bar with the following menu items: Ufora, **Inhoud** (highlighted with a red circle), Agenda, Aankondigingen, Groepen, Ufora-tools, Overige tools, and Cursusbeheer. Below the navigation bar is a banner with the "mentally" logo and the tagline "Together for better mental healthcare". The main heading reads "Mently: Evidence-Based Psychotherapeutic Practice". Below the banner, there are two panels: "Aankondigingen" with a "Welcome" link, and "Agenda" showing the date "donderdag 3 oktober 2019".